



We invite you to support LA CLINICA'S CAMPAIGN FOR **Children's Care 2017-2018**



Help us reach our goal of raising \$250,000 to support critical healthcare services for vulnerable children in Jackson County.

La Clinica's Programs for Children and Teens

School-based health centers: La Clinica operates nine school-based health centers (SBHC) in Jackson County on the campuses of the following schools:

- Phoenix, Washington, Oak Grove, Jackson, Jewett, Mae Richardson, and Central Point elementary schools
- Scenic Middle School and Crater High

Students at these schools have higher rates of poverty, homelessness and limited health insurance coverage. Providing affordable health services in the school setting provides easy access to care, keeps parents/guardians at work, and saves healthcare dollars by preventing emergency department use for non-emergency needs (the only late evening option for working parents/guardians).

In 2016, La Clinica provided comprehensive medical and mental health care as well as dental prevention services and referral support to 1,259 children at our school-based sites.

Goal for 2017-2018: Open a new SBHC at Kids Unlimited Academy in Medford and at Hanby Middle School in Gold Hill to serve 600 additional students on the two campuses.

Happy Smiles dental health outreach program: Oral disease is the most common childhood disease, five times more common than asthma. In Oregon, 20% of primary school-aged children have cavities in seven or more teeth. An estimated 51 million school hours are missed annually because of health problems affecting the mouth.

Happy Smiles works to prevent childhood cavities by providing the following services:

- Dental health education and home care kits
- Fluoride varnish and sealant application (evidenced-based practices)
- Case management to help families establish ongoing care with a dentist

La Clinica offers the Happy Smiles program in 18 schools: Central Point, Howard, Jackson, Jefferson, Jewett, Kennedy, Oak Grove, Orchard Hill, Patrick, Phoenix, Rogue River, Roosevelt, Sams Valley, Talent, Washington, and Wilson elementary schools and Scenic and Hanby middle schools.

Goal for 2017-2018: Provide Happy Smiles services to 800 additional students at eight new schools: Lincoln, Hoover, Jacksonville, Lone Pine, Griffin Creek, and Ruch elementary schools and Hedrick and McLoughlin middle schools.

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Wellness services, cooking, and movement classes for youth: True wellness is a complete state of social, mental, and physical well-being. In addition to quality medical and dental services, La Clinica patients have access to the following complementary health services:

- Classes in movement, mindfulness, cooking, and nutrition
- Physical therapy and acupuncture
- Support groups for managing chronic pain and depression
- Support of wellness coaches who help patients make choices to set their lives on a healthy path

Goal for 2017-2018: Expand our child-focused cooking classes and add movement classes designed for children and their family members through our school-based programs.

How You Can Help

We invite you to be a part of creating positive health outcomes for children and teens in our community who may not otherwise have access to quality, affordable health care. Join other donors like you, as well as private foundations and corporate partners, in helping La Clinica expand our school-based health center program, our Happy Smiles dental outreach to children, and our wellness services for youth.

To learn more about how you can support La Clinica's Children's Campaign, visit <https://laclinica-health.org/about/donate/>. You can make a secure donation online, by mail, or by phone.

About La Clinica

La Clinica del Valle (dba La Clinica) opened in 1988 as a private, nonprofit organization to provide affordable primary and preventive health care services to vulnerable residents living in Jackson County.

Our organization's vision statement is:

Absolute excellence. Open-hearted community. Well-being for all.

This grand dream for our community is supported by our mission statement:

We serve the people who need us the most through exceptional, affordable, and compassionate care, inspiring all those we touch to lead full and healthy lives.

La Clinica provides comprehensive primary and preventive medical and dental care, as well as integrated behavioral health, OB/GYN, and eye care services. In 2016, we served 30,186 patients and provided 155,098 health visits. We have 390 employees who provide high quality services at 17 sites: six community health centers, nine school-based health centers, a dental clinic, and our mobile health center. To help our community access care, we accept all insurance types and offer a generous sliding scale for low-income uninsured and underinsured patients.



Thank you!